

Official Results

8 km Cross W35-45

Judge: KUCEJKO Julia

| Place | L/O | Bib | Athlete | Cat. | Country | Result |
|-----------------|-----|------|-------------------------------|------|------------------------------------|---------------------------------|
| Heat 1/1 | | | | | | Start: 19-03-25 16:39:12 |
| 1 | 7 | 218 | Volha KRAUTSOVA | W35 | Belarus | 30:18 |
| 2 | 46 | 611 | TORO SAIZ Maria Jose DE | W40 | Spain | 31:11 |
| 3 | 21 | 683 | BARRANTES Concepcion HIDALGO | W35 | Spain | 31:55 |
| 4 | 39 | 2895 | Anna ARSENIUK | W35 | Poland | 31:59 |
| 5 | 2 | 2943 | Ewa BRYCH-PAJAK | W40 | Poland | 33:03 |
| 6 | 30 | 2501 | Denise TAPPATÀ | W35 | Italy | 33:05 |
| 7 | 22 | 1285 | Jacqueline ETHERINGTON | W40 | Great Britain and Northern Ireland | 33:07 |
| 8 | 58 | 2113 | Simona STAICU | W45 | Hungary | 33:09 |
| 9 | 8 | 3730 | Barbara ZAKOWIECKA | W35 | Poland | 33:14 |
| 10 | 12 | 2221 | Michelle KENNY | W35 | Ireland | 33:17 |
| 11 | 47 | 785 | SANCHEZ Patricia SAEZ | W40 | Spain | 33:19 |
| 12 | 41 | 3599 | Aneta SWITAJ | W35 | Poland | 33:30 |
| 13 | 32 | 563 | RUIDIAZ Nidia Zulma BORGET | W40 | Spain | 33:32 |
| 14 | 51 | 2273 | Jacqueline STAMP | W45 | Ireland | 33:43 |
| 15 | 26 | 3213 | Elzbieta KOWALEWSKA | W35 | Poland | 33:57 |
| 16 | 59 | 2041 | Luise ZIEBA | W35 | Germany | 34:04 |
| 17 | 37 | 1971 | Claudia SEEL | W45 | Germany | 34:38 |
| 18 | 62 | 3528 | Malgorzata SIEMBIDA | W40 | Poland | 34:50 |
| 19 | 53 | 3437 | Anna PAZUCHA | W40 | Poland | 35:03 |
| 20 | 20 | 2648 | Irina STULA-PANKOKA | W35 | Latvia | 35:24 |
| 21 | 48 | 2219 | Annmarie KENNY | W40 | Ireland | 35:25 |
| 22 | 38 | 2286 | Frida Run THORDARDOTTIR | W45 | Iceland | 35:26 |
| 23 | 40 | 1276 | Jennifer DUFFY | W40 | Great Britain and Northern Ireland | 35:32 |
| 24 | 44 | 765 | RODRIGUEZ Tannia Elena QUIROS | W40 | Spain | 35:35 |
| 25 | 34 | 1637 | Christine DÖRSCHER | W40 | Germany | 35:51 |
| 26 | 5 | 1606 | Yvonne BRANDECKER | W40 | Germany | 36:25 |
| 27 | 56 | 1194 | Denise BARNETT | W45 | Great Britain and Northern Ireland | 36:29 |
| 28 | 27 | 1587 | Verena BECKER | W40 | Germany | 36:29 |
| 29 | 23 | 233 | Volha REZKAYA | W35 | Belarus | 36:40 |
| 30 | 6 | 1856 | Sandra MEYER-LINDLOFF | W40 | Germany | 37:12 |
| 31 | 24 | 1549 | Katherine WELLAM | W35 | Great Britain and Northern Ireland | 37:27 |
| 32 | 3 | 3214 | Magdalena KOWALSKA | W40 | Poland | 37:30 |
| 33 | 55 | 3813 | Angelica DAMOC | W45 | Romania | 37:36 |
| 34 | 54 | 556 | Sara BELTRAN | W40 | Spain | 37:52 |
| 35 | 61 | 2638 | Ginta RASSA | W45 | Latvia | 37:57 |
| 36 | 25 | 771 | RODRIGUEZ Vanessa REINA | W35 | Spain | 38:11 |
| 37 | 28 | 680 | GONZALEZ Ana María HERNÁNDEZ | W40 | Spain | 38:11 |
| 38 | 29 | 803 | QUIROGA Ana TORAL | W35 | Spain | 38:11 |
| 39 | 36 | 3065 | Gizela GRABINSKA | W45 | Poland | 38:23 |
| 40 | 52 | 1250 | Caroline COTTERELL | W45 | Great Britain and Northern Ireland | 38:32 |
| 41 | 13 | 1237 | Diana CHKLAR | W40 | Great Britain and Northern Ireland | 38:52 |
| 42 | 10 | 224 | Sviatlana LENKAVETS | W45 | Belarus | 39:03 |
| 43 | 17 | 139 | Manuela NOEBL | W45 | Austria | 40:06 |
| 44 | 35 | 3079 | Sylwia GRZESIAK | W45 | Poland | 40:30 |
| 45 | 11 | 2241 | Joanne MCCLAFFERTY | W40 | Ireland | 40:52 |

| | | | | | | | | |
|----|----|------|---------------------------------|-----|------------------------------------|-------|------|----|
| 46 | 19 | 1228 | Sally CARR | W45 | Great Britain and Northern Ireland | 41:05 | | |
| 48 | 31 | 4228 | Latashia KEY | W45 | United States of America | 42:28 | | |
| 49 | 50 | 631 | MARTINEZ Rosa FERNANDEZ | W40 | Spain | 44:58 | | |
| 50 | 1 | 3714 | Alicja WORONIEC | W35 | Poland | 47:36 | | |
| 51 | 42 | 248 | DOS SANTOS JORDAO Patricia BAND | W45 | Brazil | 48:27 | | |
| 52 | 15 | 3245 | Anna KUBCZAK-KOSICKA | W45 | Poland | 54:21 | | |
| | 60 | 2914 | Barbara BIEGANOWSKA | W35 | Poland | DNS | | |
| | 33 | 1896 | Miriam PAURAT | W45 | Germany | DNS | | |
| | 43 | 2190 | Aoife COWHIE | W45 | Ireland | DNS | | |
| | 9 | 576 | GALÍ Marta CAMPS | W45 | Spain | DNS | | |
| | 57 | 4226 | Euleen JOSIAH-TANNER | W40 | United States of America | DNS | | |
| | 16 | 1477 | Louise RUDD | W40 | Great Britain and Northern Ireland | DNS | | |
| | 14 | 2 | Nabila BOUDA | W40 | Algeria | DNS | | |
| | 4 | 239 | Natallia TSITSORYNA | W35 | Belarus | DNS | | |
| | 18 | 2375 | Antonella FAIOLA | W40 | Italy | DNS | | |
| | 45 | 1275 | Zoe DOYLE | W40 | Great Britain and Northern Ireland | DNS | | |
| | 49 | 396 | Lenka BOROVIKOVA | W45 | Czech Republic | DNS | | |
| | 27 | 2619 | Signe LAUVA | W45 | Latvia | 50:52 | TEAM | PK |
| | 53 | 2640 | Aija ROGALE | W45 | Latvia | 41:34 | TEAM | PK |

Official Results

| Place | Race/Place | Athlete | Cat. | Country | Result |
|-------|------------|---------|------|---------|--------|
|-------|------------|---------|------|---------|--------|

CATEGORY: W35

| | | | | | | |
|----|--------|-----|------------------------------|------------------------------------|-------|----|
| 1 | Heat 1 | 1 | Volha KRAUTSOVA | Belarus | 30:18 | |
| 2 | Heat 1 | 3 | BARRANTES Concepcion HIDALGO | Spain | 31:55 | |
| 3 | Heat 1 | 4 | Anna ARSENIUK | Poland | 31:59 | |
| 4 | Heat 1 | 6 | Denise TAPPATÀ | Italy | 33:05 | |
| 5 | Heat 1 | 9 | Barbara ZAKOWIECKA | Poland | 33:14 | |
| 6 | Heat 1 | 10 | Michelle KENNY | Ireland | 33:17 | |
| 7 | Heat 1 | 12 | Aneta SWITAJ | Poland | 33:30 | |
| 8 | Heat 1 | 15 | Elzbieta KOWALEWSKA | Poland | 33:57 | |
| 9 | Heat 1 | 16 | Luise ZIEBA | Germany | 34:04 | SB |
| 10 | Heat 1 | 20 | Irina STULA-PANKOKA | Latvia | 35:24 | |
| 11 | Heat 1 | 29 | Volha REZKAYA | Belarus | 36:40 | |
| 12 | Heat 1 | 31 | Katherine WELLMAM | Great Britain and Northern Ireland | 37:27 | SB |
| 13 | Heat 1 | 38 | QUIROGA Ana TORAL | Spain | 38:11 | |
| 14 | Heat 1 | 36 | RODRIGUEZ Vanessa REINA | Spain | 38:11 | |
| 15 | Heat 1 | 50 | Alicja WORONIEC | Poland | 47:36 | |
| | Heat 1 | DNS | Barbara BIEGANOWSKA | Poland | DNS | |
| | Heat 1 | DNS | Natallia TSITSORYNA | Belarus | DNS | |

CATEGORY: W40

| | | | | | | |
|----|--------|-----|-------------------------------|------------------------------------|-------|----|
| 1 | Heat 1 | 2 | TORO SAIZ Maria Jose DE | Spain | 31:11 | |
| 2 | Heat 1 | 5 | Ewa BRYCH-PAJAK | Poland | 33:03 | |
| 3 | Heat 1 | 7 | Jacqueline ETHERINGTON | Great Britain and Northern Ireland | 33:07 | |
| 4 | Heat 1 | 11 | SANCHEZ Patricia SAEZ | Spain | 33:19 | |
| 5 | Heat 1 | 13 | RUIDIAZ Nidia Zulma BORGET | Spain | 33:32 | |
| 6 | Heat 1 | 18 | Malgorzata SIEMBIDA | Poland | 34:50 | |
| 7 | Heat 1 | 19 | Anna PAZUCHA | Poland | 35:03 | |
| 8 | Heat 1 | 21 | Annmarie KENNY | Ireland | 35:25 | |
| 9 | Heat 1 | 23 | Jennifer DUFFY | Great Britain and Northern Ireland | 35:32 | |
| 10 | Heat 1 | 24 | RODRIGUEZ Tannia Elena QUIROS | Spain | 35:35 | |
| 11 | Heat 1 | 25 | Christine DÖRSCHER | Germany | 35:51 | |
| 12 | Heat 1 | 26 | Yvonne BRANDECKER | Germany | 36:25 | |
| 13 | Heat 1 | 28 | Verena BECKER | Germany | 36:29 | |
| 14 | Heat 1 | 30 | Sandra MEYER-LINDLOFF | Germany | 37:12 | |
| 15 | Heat 1 | 32 | Magdalena KOWALSKA | Poland | 37:30 | |
| 16 | Heat 1 | 34 | Sara BELTRAN | Spain | 37:52 | |
| 17 | Heat 1 | 37 | GONZALEZ Ana María HERNÁNDEZ | Spain | 38:11 | |
| 18 | Heat 1 | 41 | Diana CHKLAR | Great Britain and Northern Ireland | 38:52 | SB |
| 19 | Heat 1 | 45 | Joanne MCCLAFFERTY | Ireland | 40:52 | |
| 20 | Heat 1 | 49 | MARTINEZ Rosa FERNANDEZ | Spain | 44:58 | |
| | Heat 1 | DNS | Zoe DOYLE | Great Britain and Northern Ireland | DNS | |
| | Heat 1 | DNS | Louise RUDD | Great Britain and Northern Ireland | DNS | |
| | Heat 1 | DNS | Nabila BOUDA | Algeria | DNS | |
| | Heat 1 | DNS | Euleen JOSIAH-TANNER | United States of America | DNS | |
| | Heat 1 | DNS | Antonella FAIOLA | Italy | DNS | |

CATEGORY: W45

| | | | | | | |
|---|--------|----|-------------------------|------------------------------------|-------|----|
| 1 | Heat 1 | 8 | Simona STAIKU | Hungary | 33:09 | |
| 2 | Heat 1 | 14 | Jacqueline STAMP | Ireland | 33:43 | |
| 3 | Heat 1 | 17 | Claudia SEEL | Germany | 34:38 | SB |
| 4 | Heat 1 | 22 | Frida Run THORDARDOTTIR | Iceland | 35:26 | |
| 5 | Heat 1 | 27 | Denise BARNETT | Great Britain and Northern Ireland | 36:29 | |

| | | | | | | | |
|----|--------|-------|-------------------------------------|------------------------------------|-------|------|----|
| 6 | Heat 1 | 33 | Angelica DAMOC | Romania | 37:36 | | |
| 7 | Heat 1 | 35 | Ginta RASSA | Latvia | 37:57 | | |
| 8 | Heat 1 | 39 | Gizela GRABINSKA | Poland | 38:23 | | |
| 9 | Heat 1 | 40 | Caroline COTTERELL | Great Britain and Northern Ireland | 38:32 | | |
| 10 | Heat 1 | 42 | Sviatlana LENKAVETS | Belarus | 39:03 | | |
| 11 | Heat 1 | 43 | Manuela NOEBL | Austria | 40:06 | | |
| 12 | Heat 1 | 44 | Sylwia GRZESIAK | Poland | 40:30 | | |
| 13 | Heat 1 | 46 | Sally CARR | Great Britain and Northern Ireland | 41:05 | | |
| 14 | Heat 1 | 41:34 | Aija ROGALE | Latvia | 41:34 | TEAM | PK |
| 15 | Heat 1 | 48 | Latashia KEY | United States of America | 42:28 | | |
| 16 | Heat 1 | 51 | DOS SANTOS JORDAO Patricia BANDEIRA | Brazil | 48:27 | | |
| 17 | Heat 1 | 50:52 | Signe LAUVA | Latvia | 50:52 | TEAM | PK |
| 18 | Heat 1 | 52 | Anna KUBCZAK-KOSICKA | Poland | 54:21 | | |
| | Heat 1 | DNS | Aoife COWHIE | Ireland | DNS | | |
| | Heat 1 | DNS | Miriam PAURAT | Germany | DNS | | |
| | Heat 1 | DNS | GALÍ Marta CAMPS | Spain | DNS | | |
| | Heat 1 | DNS | Lenka BOROVIKOVA | Czech Republic | DNS | | |

Note:

SB -Season Best

8. World Masters athletics Championships Indoor (Cross Country) /W35 /TIME PRINT: 17:37

| Msc | TEAM | RUNNER 1 | TIME 1 | RUNNER 2 | TIME 2 | RUNNER 3 | TIME 3 | RESULT |
|-----|----------------|------------------------------|----------|-------------------------|----------|---------------------|----------|----------|
| 1 | Poland / W35 | ARSENIUK Anna | 00:31:59 | ZAKOWIECKA Barbara | 00:33:14 | SWITAJ Aneta | 00:33:29 | 01:38:42 |
| 2 | Belarus / W35. | KRAUTSOVA Volha | 00:30:18 | REZKAYA Volha | 00:36:40 | LENKAVETS Sviatlana | 00:39:03 | 01:46:02 |
| 3 | Spain / W35 | HIDALGO BARRANTES Concepcion | 00:31:54 | REINA RODRIGUEZ Vanessa | 00:38:11 | TORAL QUIROGA Ana | 00:38:11 | 01:48:16 |
| 4 | Ireland / W35. | KENNY Michelle | 00:33:17 | KENNY Annmarie | 00:35:25 | MCCLAFFERTY Joanne | 00:40:53 | 01:49:35 |

8. World Masters athletics Championships Indoor (Cross Country) /W40 /TIME PRINT: 17:37

| Msc | TEAM | RUNNER 1 | TIME 1 | RUNNER 2 | TIME 2 | RUNNER 3 | TIME 3 | RESULT |
|-----|--|-------------------------|----------|-----------------------|----------|----------------------------|----------|----------|
| 1 | Spain / W40 | DE TORO SAIZ Maria Jose | 00:31:11 | SAEZ SANCHEZ Patricia | 00:33:19 | BORGET RUIDIAZ Nidia Zulma | 00:33:31 | 01:38:01 |
| 2 | Poland / W40 | BRYCH-PAJAK Ewa | 00:33:02 | SIEMBIDA Malgorzata | 00:34:50 | PAZUCHA Anna | 00:35:03 | 01:42:55 |
| 3 | Great Britain and Northern Ireland / W40 | ETHERINGTON Jacqueline | 00:33:07 | DUFFY Jennifer | 00:35:31 | CHKLAR Diana | 00:38:53 | 01:47:31 |
| 4 | Germany / W40 | DÖRSCHER Christine | 00:35:51 | BRANDECKER Yvonne | 00:36:25 | BECKER Verena | 00:36:29 | 01:48:46 |

8. World Masters athletics Championships Indoor (Cross Country) /W45 /TIME PRINT: 17:37

| Msc | TEAM | RUNNER 1 | TIME 1 | RUNNER 2 | TIME 2 | RUNNER 3 | TIME 3 | RESULT |
|-----|--|------------------|----------|--------------------|----------|----------------------|----------|----------|
| 1 | Great Britain and Northern Ireland / W45 | BARNETT Denise | 00:36:29 | COTTERELL Caroline | 00:38:33 | CARR Sally | 00:41:05 | 01:56:07 |
| 2 | Latvia / W45. | RASSA Ginta | 00:37:57 | ROGALE Aija | 00:41:34 | LAUVA Signe | 00:50:52 | 02:10:23 |
| 3 | Poland / W45 | GRABINSKA Gizela | 00:38:23 | GRZESIAK Sylwia | 00:40:30 | KUBCZAK-KOSICKA Anna | 00:54:22 | 02:13:15 |